Dear Blanchet Catholic School Community,

I hope your Christmas and New Year was full of joy and happiness.

Starting January 11, 2021 we are offering Fall sports workouts for our athletes. Please keep in mind the Fall sports workouts will take place with weather permitting. I will send an email by noon of each workout day on whether or not we will hold workouts.

## Starting January 11

HS Cross Country - Coach Lutz - Tuesdays/Thursdays at Bush Park, 3:30-4:30 p.m. HS Boys Soccer - Coach Arteaga - Tuesdays/Thursdays at Mountain West Stadium, 4:00-5:30 p.m. HS Girls Soccer - Coach Pearson - Tuesdays/Thursdays at Mountain West Stadium, 4:00-5:30 p.m. HS Football - Coach Hubbard - Mondays/Wednesdays at Mountain West Stadium, 5:30-7:00 p.m.

## **Starting January 20**

HS Volleyball - Coach Burgess - Wednesdays at Mountain West Stadium, 4:00-5:00 p.m.

## Starting January 25

MH Speed/Agility Workouts - Coach Mucken - Mondays at Mountain West Stadium, 3:30-4:30 p.m. HS Speed/Agility Workouts - Coach Mucken - Wednesdays at Mountain West Stadium, 3:30-4:30 p.m. MH Coed Soccer - Coach Pearson - Mondays at Mountain West Stadium, 3:30-4:30 p.m.

Athletes are expected to continue to follow COVID-19 protocol. <u>Masks must be worn at all times, bring</u> <u>personal water bottles, wear appropriate clothing for cooler weather</u>. Temperatures will be checked each workout session and we ask that if your athlete is not feeling well that they remain home.

All athletes must have a current athletic physical, participation and concussion form completed and turned in to the Athletic Department before they will be allowed to attend workouts.

I hope your athlete is as excited as we are to get out on our playing field. If you have any athletic related questions please feel free to contact me at 503-391-2639 ext. 236 or email me at tinapearson@blanchetcatholicschool.com.

Tina Pearson, Athletic Director