



*Oregon achieves . . . together!*

## **Indoor/Outdoor Full Contact Sports Opt-In Form**

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority’s Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

*In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.*

*In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.*

Please fill out the following information for your school, district or program:

<b>Information Needed</b>	<b>Your Response</b>
Name of School, District or Program	Blanchet Catholic School
Key Contact Person for this Plan	Robin Smith
Phone Number of this Person	5033912639
Email Address of this person	<a href="mailto:robinsmith@blanchetcatholicschool.com">robinsmith@blanchetcatholicschool.com</a>
Specify Indoor/Outdoor Full Contact Sports Included in this Plan	Basketball
Intended Starting Date for this Plan Update	May 10th

## School Instructional Model

### OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

### Plan Details for School Instructional Model

Blanchet is currently operating under a hybrid model where students from HS are on campus 4 days a week.

[https://www.blanchetcatholicschool.com/editoruploads/files/COVID/Blanchet\\_Blueprint\\_Updated\\_as\\_of\\_1\\_8\\_21.pdf](https://www.blanchetcatholicschool.com/editoruploads/files/COVID/Blanchet_Blueprint_Updated_as_of_1_8_21.pdf)

## On-Site Testing for Symptomatic Individuals and Close Contacts

### OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

### Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

When to test Abbott BinaxNOW tests should only be used to test students with consent on file or staff who agree to testing in the following two scenarios:

1. When a student or staff member develops symptoms consistent with COVID-19 while at school, testing may be used to inform their care and return to school. Symptoms include cough, fever (temperature of 100.4 degrees or higher) or chills, shortness of breath, difficulty breathing, or a new loss of taste or smell. Note that muscle pain, headache, sore throat, diarrhea, nausea, vomiting, new nasal congestion, and runny nose are also symptoms often associated with COVID-19. Any symptomatic student who is tested (even if they test negative) must leave school immediately and not return until allowed by the RSSL guidance. Students or staff with symptoms consistent with COVID-19 should not be asked to come to school for COVID-19 testing if symptoms develop while not at school. Under no circumstances should an

individual with symptoms consistent with COVID-19 be asked to return to school specifically for testing alone.

2. When a school cohort has been exposed to a case of COVID-19 and quarantined; testing on day 5 through 7 following exposure may be used to facilitate early release from quarantine after day 7 when recommended by the local public health authority. For example, if a cohort is exposed on January 1, that cohort could be tested between January 6<sup>th</sup> and 8<sup>th</sup>, and released from quarantine on January 9<sup>th</sup> if all tests are negative and exposed students are symptom-free.

For collection and storage of test Blanchet will follow the guidance of OHA 3560 COVID-19 Testing in Oregon's K-12 Schools

## Contact Information for Contact Tracing

### OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.
- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:
  - [COVID Monitoring Form: Excel](#)
  - [COVID Monitoring Form: PDF](#)

### Plan Details for Contact Information for Contact Tracing

- Blanchet will compile a list of each participant, coach, official, staff member, spectator, etc. for each outdoor contact sports practice and contest. Included in the list will be:
  - Name
  - Temp
  - Response to the following questions
    - Any Fever in the last 48 hours?
    - Do you currently have a cough?
    - Are you feeling and shortness of breath?
    - Have you had close contact with anyone with COVID-19?
  - Date
  - Location
  - Contact Information

## Student-Athlete Waiver

## **OHA Requirements**

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor fullcontact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

## **Plan Details for Student-Athlete Waiver**

[https://www.blanchetcatholicschool.com/editoruploads/files/Athletics/Basketball\\_Waiver\\_-\\_Form\(1\).pdf](https://www.blanchetcatholicschool.com/editoruploads/files/Athletics/Basketball_Waiver_-_Form(1).pdf)

**WAIVER OF LIABILITY AND HOLD HARMLESS FOR COMMUNICABLE  
DISEASES INCLUDING COVID-19**

Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Parent(s)/Guardian(s) Names: \_\_\_\_\_

Parent/ Guardian phone: Work: \_\_\_\_\_ Home: \_\_\_\_\_ Other: \_\_\_\_\_

The novel coronavirus ("COVID-19"), has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. While rules, guidance, and personal discipline may reduce this risk, the risk of serious illness and death does exist. **Blanchet Catholic School ("Blanchet") cannot completely mitigate the transfer of communicable diseases like COVID-19 especially when involved in basketball. Participation in basketball includes possible exposure to and illness, injury, or death from infectious diseases including COVID-19.**

In consideration for providing my child the opportunity to participate in basketball and any related transportation to and from basketball events, both my child and I voluntarily agree to waive and discharge any and all claims against Blanchet and release it from liability for any exposure to or illness or injury from an infectious disease including COVID-19, including claims for any negligent actions of Blanchet or its employees or agents, to the fullest extent allowed by law, for myself, my child, our estates, our heirs, our administrators, our executors, our assignees, and our successors.

I also agree to release, exonerate, discharge and hold harmless Blanchet, its Board of Directors, the individual members thereof, and all officers, agents, employees, volunteers, and representatives from all liability, claims, causes of action, or demands, including attorney fees, fines, fees, or other costs (e.g. medical costs) arising out of any exposure to or illness or injury from an infectious disease including COVID-19, which may result from or in connection with my child's participation in Basketball.

I further certify and represent that I have the legal authority to waive, discharge, release, and hold harmless the released parties on behalf of myself and the above-named student.

I also understand and agree that in consideration for participating in any sports or activities and any related transportation to and from events, Student is committed and agrees to isolate and quarantine if exposed to COVID-19.

**I certify that I have read this document in its entirety and fully understand its contents. In exchange for the opportunity to participate in basketball, the above-named student and I freely and voluntarily assume all risks of such hazards and notwithstanding such, release Blanchet from all liability for any loss regardless of cause, and claims arising from the student's participation in basketball.**

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date